

Hikers – May

Theme Points



Theme: Fruit of the Spirit

Central Question: Why does God give us the fruit of the Spirit?

We live by the Bible...

What is the Bible?

What does it tell us?

What does it teach us?

We learn...

It's God's book!

Who God is!

How to live!

Theme Points...

Mark 5:22-24 & 35-43

Jesus heals a little girl.

God is my helper.

I help others!

Memory Verse: Romans 15:2 *We should help others.*

Key Point: God wants us to get along with others. Sometimes that can be hard. God gives us the fruit of the Spirit to help us show others His love and kindness. Using the fruit of the Spirit is always a good choice.

For Teachers: *Jehovah Ezer* means "The Lord our Help." In 1 Samuel 7 the Israelites were under attack by the Philistines. The prophet Samuel prayed for them and the Lord gave them victory. Samuel set up a large stone as a memorial to the Lord and named it Ebenezer. In Hebrew "eben" means "stone" and "ezer" means "help." This "stone of help" was Samuel's acknowledgment that the Lord had helped them. The Lord is also our help as we overcome the battle with sin and learn to live according to the Word of God.

(From: <https://www.apologeticspress.org/apcontent.aspx?category=11&article=909>)

Class Schedule – to be done each week



Free Play (9:50-10:45AM)

Worship – 1-2 song videos

Snack – Children can have two small helpings of goldfish (use the snack scoop) and water.

Lesson – Teach the lesson while the children are eating snack. They are already sitting and ready to listen! See the weekly sheets attached for each lesson.

Transition Activity /Game - Play "Fruit of the Spirit Bean Bag Toss". Lay the cards face down on the floor. For each child's turn ask which fruit they would like to throw the bean bag on. Turn over the card indicated by the child (even if they bean bag didn't land on it.) Read the card and do the action.

Hiker Challenge – Love & Kindness

Give each child a very small piece of play dough. Put the laminated picture of the heart on the table and tell the children that you need to cover the whole heart with play dough. Show them how your small piece of play dough won't cover the whole heart and ask them what you should do. Have the children help you cover the heart by adding their pieces of play dough to yours. Tell them they are showing love and kindness by helping you. After the whole heart is covered give them more play dough and the heart cookie cutters.

Hikers – Week 1

Bible Time

Mighty Mouse



Teacher: Look who's here. It's Mighty Mouse!

Mighty Mouse: I'm mighty because I know the Bible.

Mighty Mouse: What is the Bible?

What does it tell us?

What does it teach us?

Kids Respond: It's God's book!

Who God is!

How to live!

Mighty Mouse: Let's say the memory verse together. (Have the children take turns shining the flashlight on the memory verse. Say the verse and encourage the children to say it with you.) Romans 15:2 *We should help others.*

(Teacher reads the Bible story.)

Mighty Mouse:

- Jesus gives us the fruit of the Spirit to help us get along with others. When we use the fruit of the Spirit we are making a good choice and being a good friend.
- There's a letter in our Trail Log from a friend. Let's read it.

Trail Log Entry (Show the children the picture and read the entry from the Trail Log book.)



Dear Trail Log,

My name is Heather. I went to the library with Mommy today. I saw a little girl crying. I wanted to help her. When I asked why she was crying she told me that she couldn't reach the book she wanted. I stood up on the stool and got the book for her. She was so happy! Mommy told me I used the fruit of the Spirit. I showed love and kindness. Using the fruit of the Spirit is always a good choice. Can you tell me why God gives us the fruit of the Spirit?

So long, Heather

Mighty Mouse: The fruit of the Spirit helps us to make good choices and be a good friend to others. Let's tell Heather our memory verse so that she will know why God gives us the fruit of the Spirit. (Shine the flashlight on the memory verse.) Romans 15:2 *We should help others.*

Mighty Mouse: Great job, kids! That will really help Heather. She made a good choice to show love and be kind. I need to go home now.

Teacher: Bye Mighty Mouse.

Hikers - Week 2

Bible Time

Mighty Mouse



Teacher: Look who's here. It's Mighty Mouse!

Mighty Mouse: I'm mighty because I know the Bible.

Mighty Mouse: What is the Bible?

What does it tell us?

What does it teach us?

Kids Respond: It's God's book!

Who God is!

How to live!

Mighty Mouse: Let's say the memory verse together. (Have the children take turns shining the flashlight on the memory verse. Say the verse and encourage the children to say it with you.) Romans 15:2 *We should help others.*

(Teacher reads the Bible story.)

Mighty Mouse:

- Jesus gives us the fruit of the Spirit to help us get along with others. When we use the fruit of the Spirit we are making a good choice and being a good friend.
- There's a letter in our Trail Log from a friend. Let's read it.

Trail Log Entry (Show the children the picture and read the entry from the Trail Log book.)



Dear Trail Log,

Hi! My name is Kevin. I was building with my blocks and then my little brother came and knocked them over. I was so mad that I pushed him. My mom said that I should be patient with my brother because he is little. He doesn't know that he shouldn't knock over my blocks. Being patient is a good choice. Can you look in your Bible and tell me why God gives us the fruit of the Spirit?

See you later. Kevin

Mighty Mouse: The Bible tells us to be patient. Being patient is always a good choice. Let's tell Kevin our memory verse so that he will know why God gives us the fruit of the Spirit. (Shine the flashlight on the memory verse.) Romans 15:2 *We should help others.*

Mighty Mouse: Great job, kids! That will really help Kevin. Next time he can make a good choice to use the fruit of the Spirit and be patient with his brother. I need to go home now.

Teacher: Bye Mighty Mouse.

Hikers - Week 3

Bible Time

Mighty Mouse



Teacher: Look who's here. It's Mighty Mouse!

Mighty Mouse: I'm mighty because I know the Bible.

Mighty Mouse: What is the Bible?

What does it tell us?

What does it teach us?

Kids Respond: It's God's book!

Who God is!

How to live!

Mighty Mouse: Let's say the memory verse together. (Have the children take turns shining the flashlight on the memory verse. Say the verse and encourage the children to say it with you.) Romans 15:2 *We should help others.*

(Teacher reads the Bible story.)

Mighty Mouse:

- Jesus gives us the fruit of the Spirit to help us get along with others. When we use the fruit of the Spirit we are making a good choice and being a good friend.
- There's a letter in our Trail Log from a friend. Let's read it.

Trail Log Entry (Show the children the picture and read the entry from the Trail Log book.)



Dear Trail Log,

We are Aaron and Lily. We fight a lot and our mom is really tired of it. Today Lily was playing dolls and I drove my trucks through her tea party. She started to cry and I started to yell. Mom said that I need to be kind and drive my trucks around Lily or she will take them away. She said kindness is a fruit of the Spirit and I should remember to use it. Kindness is always a good choice. Do you know why God gives us the fruit of the Spirit?

Bye for now, Aaron and Lily

Mighty Mouse: Aaron and Lily should use the fruit of the Spirit to help them be kind to each other. Kindness is always a good choice. Let's tell Aaron and Lily our memory verse so they will know why God gives us the fruit of the Spirit. (Shine the flashlight on the memory verse.) Romans 15:2 *We should help others.*

Mighty Mouse: Great job, kids! That will really help Aaron and Lily to make good choices. I need to go home now.

Teacher: Bye Mighty Mouse.

Hikers - Week 4

Bible Time

Mighty Mouse



Teacher: Look who's here. It's Mighty Mouse!

Mighty Mouse: I'm mighty because I know the Bible.

Mighty Mouse: What is the Bible?

What does it tell us?

What does it teach us?

Kids Respond: It's God's book!

Who God is!

How to live!

Mighty Mouse: Let's say the memory verse together. (Have the children take turns shining the flashlight on the memory verse. Say the verse and encourage the children to say it with you.) Romans 15:2 *We should help others.*

(Teacher reads the Bible story.)

Mighty Mouse:

- Jesus gives us the fruit of the Spirit to help us get along with others. When we use the fruit of the Spirit we are making a good choice and being a good friend.
- There's a letter in our Trail Log from a friend. Let's read it.

Trail Log Entry (Show the children the picture and read the entry from the Trail Log book.)



Dear Trail Log,

Hi! I'm Karen. I have two brothers and they always seem to want the same thing. Today they got in an argument over who got to play with the dinosaurs. We have lots of dinosaurs so I don't know why they argue over them, but they do. I helped them count the dinosaurs and make sure that they each had the same number. My mom told me that I helped make peace between my brothers. The Bible says that peace is a fruit of the Spirit. Using the fruit of the Spirit is always a good choice. What is the fruit of the Spirit? Can you look in your Bible and tell me?

See you later. Karen

Mighty Mouse: Karen is being kind to her brothers by helping make peace between them. The fruit of the Spirit helps us get along with others. Using the fruit of the Spirit is always a good choice. Let's tell Karen our memory verse so that she will know what the fruit of the Spirit is. (Shine the flashlight on the memory verse.) Romans 15:2 *We should help others.*

Mighty Mouse: Great job, kids! That will help Karen to keep making good choices. I need to go home now.

Teacher: Bye Mighty Mouse.